



# Transcranial magnetic stimulation for post-operative neurorehabilitation in neuro-oncology: a review of the literature and future directions

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## Abstract

**Introduction** Transcranial magnetic stimulation (TMS) is a neuromodulation technology capable of targeted stimulation and inhibition of cortical areas. Repetitive TMS (rTMS) has demonstrated efficacy in the treatment of several neuropsychiatric disorders, and novel uses of rTMS for neurorehabilitation in patients with acute and chronic neurologic deficits are being investigated. However, studies to date have primarily focused on neurorehabilitation in stroke patients, with little data supporting its use for neurorehabilitation in brain tumor patients.

**Methods** We performed a review of the current available literature regarding uses of rTMS for neurorehabilitation in post-operative neuro-oncologic patients.

**Results** Data have demonstrated that rTMS is safe in the post-operative neuro-oncologic patient population, with minimal adverse effects and no documented seizures. The current evidence also demonstrates potential effectiveness in terms of neurorehabilitation of motor and language deficits.

**Conclusions** Although data are overall limited, both safety and effectiveness have been demonstrated for the use of rTMS for neurorehabilitation in the neuro-oncologic population. More randomized controlled trials and specific comparisons of contralateral versus ipsilateral rTMS protocols should be explored. Further work may also focus on individualized, patient-specific TMS treatment protocols for optimal functional recovery.

**Keywords** TMS · Neurorehabilitation · Brain tumors · Post-operative · Recovery · Neuromodulation

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## Introduction

Transcranial magnetic stimulation (TMS) is a non-invasive brain stimulation tool that utilizes magnetic currents to induce electrical activity capable of depolarizing targeted cortical regions [1, 2]. TMS can be applied to precisely targeted brain regions using commercially available frameless stereotactic techniques. Furthermore, the generated electrical field can be modulated based on magnetic pulse waveform, frequency of stimulation, pattern of stimulation, as well as variables such as the orientation of the current lines induced in the brain and excitable neural elements [3]. These elements permit tailored, patient-specific stimulation paradigms.

Three types of general TMS protocols exist, including single-pulse, paired pulse, and repetitive TMS (rTMS). In particular, rTMS is used to facilitate excitation or inhibition of cortical areas and is often used in research related

to treatment modalities. In rTMS, multiple single-pulse stimuli are delivered at a specified time duration, frequency, and intensity with effects varying according to stimulation parameters [4]. Slow rTMS, for example at 1 Hz or one magnetic pulse per second, has demonstrated inhibitory effects. In comparison, fast rTMS at 10 or 20 Hz, has demonstrated excitatory effects [5–7].

Studies have explored potential applications of TMS for a multitude of neurological and neuropsychiatric conditions. Depression has been the most studied condition overall [8–11]. Specifically, high-frequency rTMS of the left dorsolateral prefrontal cortex (DLPFC) was shown in multiple studies to improve depressive symptoms, and was ultimately FDA approved in 2008 for patients with depression resistant to one antidepressant medication trial [4]. Evidence also exists for the use of rTMS in conditions such as pain, movement disorders, tinnitus, obsessive–compulsive disorder (OCD), schizophrenia, addiction, and other disorders of consciousness [2].

The concept of using rTMS for neurorehabilitation specifically is not novel and has primarily been evaluated in patients after stroke. TMS protocols for post-stroke neurorehabilitation typically involve a patterned protocol known as theta burst stimulation (TBS), which has demonstrated relatively few adverse effects as compared to more conventional rTMS protocols [12]. These protocols are further divided into either delivering low-frequency, inhibitory TBS to the contralateral hemisphere (continuous TBS; cTBS) or high-frequency, stimulatory TBS to the ipsilateral affected hemisphere (intermittent TBS; iTBS). Data from these studies have suggested that downregulation of excitability of the intact or contralateral hemisphere by using TBS on a case-by-case basis results in improvements in paresis, language, attention, memory, and somatosensory processing when combined with physical rehabilitation [13, 14]. In addition, ipsilateral excitatory TBS has also been demonstrated to improve motor recovery [15, 16]. These data support the efficacy of rTMS improve motor [17] and language [18] recovery following stroke.

Given the evidence for using rTMS for neurorehabilitation after stroke, there is reason to believe that this technology could be beneficial post-operatively for recovery in patients with brain tumors. Despite technological advancements in treating brain tumors both operatively and non-operatively, neurological impairment can severely affect the quality of life of patients with neuro-oncologic processes. This therefore emphasizes the importance of peri-operative neurorehabilitation to minimize neurologic deficit and improve quality of life. TMS itself has been used pre-operatively for cortical mapping of language and motor functions in neurosurgical patients with demonstrated tolerability and safety [19]. However, there is currently a paucity of data to illustrate post-operative efficacy related

to neurorehabilitation and recovery. We review these currently limited data and discuss future directions for the use of rTMS for neurorehabilitation in neuro-oncologic patients with pre- and post-operative deficits as a result of their tumor or surgical treatment.

## Methods

A PubMed search was performed using the phrase “transcranial magnetic stimulation brain tumor post-operative” and included articles up to December 2021. This yielded 16 results with all abstracts reviewed. Only two articles described using rTMS to improve function and rehabilitation post-operatively. A further search was performed using another phrase “transcranial magnetic stimulation post-surgical”, which produced 19 more abstracts which were reviewed. One double-blinded randomized controlled trial was found for post-operative rTMS use in neuro-oncology patients, which was therefore included in this review. A final search was conducted using the phrase “rTMS stimulation brain tumor”, which delivered 288 results. Titles were reviewed and one article was found for inclusion in this review. Lastly, we were alerted to unpublished data from another institution demonstrating a proof-of-concept rTMS paradigm for post-operative neuro-oncologic patients. This was also included in our review with their permission.

## Post-operative TMS in neuro-oncologic patients

Search Results are presented in Table 1. We identified three case reports involving four total patients [20–22], one recent randomized double-blinded sham-controlled trial involving 21 patients [23], and one proof-of-concept study involving 31 patients [24].

In the first case report [20], a patient with a left subfrontal glioma underwent surgery with residual right upper extremity hemiparesis that was stable at 5 years after surgery. Contralateral inhibitory TBS was used to target the right primary motor cortex without navigation. Low frequency 1 Hz rTMS was used with each session consisting of 1200 pulses. Intensity of stimulation was set at 90% of motor threshold of the FDI. The patient did experience headache and nausea during week 3 of treatment, but otherwise no other adverse effects or worsening neurological symptoms were noted with treatment. The patient underwent 22 daily sessions and experienced immediate improvement in right upper extremity function with treatment as well as further improvement upon follow up 4 weeks after final treatment.

In a second case report [21], a patient with a left precen-tral oligodendroglioma underwent awake craniotomy and subtotal resection given tumoral involvement in Broca’s area. Tumor progression was noted 9 months post-operatively,

**Table 1** Currently published cases of rTMS use in post-operative patients with brain tumors

Study	Study type	# of patients	Tumor	Deficit	Type of rTMS	Protocol	Target	Additional therapies	Outcome	Adverse effects
[20]	Case Report	1	Left subfrontal glioma	Right upper extremity	cTBS	1 session/day for 22 days; 1 Hz; 1200 pulses each session	Right primary motor cortex	Intensive occupational therapy	Improved motor function after treatment with further improvement 4 weeks post-treatment	Headache and nausea during week 3 of treatment
[21]	Case Report	1	Left precentral oligodendro-glioma	Expressive aphasia	iTBS	1 session/day for 12 days; 5 Hz; 40 cycles, cycle duration 1.0 s	Broca's area	Intensive language rehabilitation	Global improvement but increasingly less each procedure	None noted
[22]	Case Report	2	Left insular anaplastic astrocytoma	Right-sided weakness and pronator drift	cTBS	1 total treatment; 5 Hz; 200 pulses total	Right M1	None	No immediate changes; mild improvement in strength at 4 weeks, then lost to follow up	None noted
[23]	RCT	15 in rTMS group, 6 in sham group	Left temporal glioblastoma multiforme	Expressive aphasia	cTBS	3 total treatments; 5 Hz/50 Hz; 200 pulses total	Right inferior frontal gyrus	None	No immediate change; then lost to follow up	None noted
[24]	Proof-of-concept	31 patients underwent rTMS post-operatively	Glioma, varying hemispheres and locations	Surgery-related paresis of upper extremity	cTBS	1 session/day for 7 days post-operatively; 1 Hz for 15 min (900 pulses)	Contralateral motor hotspot based on motor mapping	PT	Immediate changes were not statistically significant but improvements at 3-month follow up were statistically significant vs sham group	None noted
[24]	Proof-of-concept	31 patients underwent rTMS post-operatively	Glioma, varying hemispheres and locations	Variety of post-operative motor and language deficits	Variable	5 sessions/day for 5 days; varying protocols per patient deficit	Varying	PT or speech rehabilitation	Observed benefit in 28/31 patients	4/31 experienced transient headaches; no other adverse events

with worsening expressive aphasia. At that time, ipsilateral excitatory TBS was administered daily for 12 days to Broca's area. A BrainSight neuronavigator (Rogue Research, Inc., Montreal, Canada) was used to direct the center of stimulation at the posterior part of the inferior frontal gyrus just anterior to the tumor, where functional MR imaging had demonstrated Broca's area activation. Stimulation parameters involved a power of 60%, frequency of 45 Hz, three pulses, five bursts, 40 cycles, with a cycle duration of 1.0 sections. The patient's repetition and nomination worsened immediately after each rTMS session but improved over basal values after intensive language rehabilitation following each session. The study found that overall basal values improved globally along the experiment but with diminishing returns after each procedure. Interpretation of the results was difficult given tumor progression concurrent with rehabilitation efforts.

In a third case report [22], two patients underwent contralateral inhibitory rTMS to the right M1 area in one patient, and the right inferior frontal gyrus in the other immediately post-operatively after resection of a left insular anaplastic astrocytoma and left temporal glioblastoma, respectively (Table 1). Navigated TMS using a MagVenture MagPro device (MagVenture, Alpharetta, GA) was initiated for both patients during the immediate post-operative period within 24–48 h during their hospital stay. Both patients received slow rTMS of 5 Hz with 200 total pulses at 80% of motor threshold. One patient received one total treatment and the other patient received three treatments. Neither patient demonstrated improvements with treatment in motor function or aphasia and were subsequently lost to follow up. While the results of this study were not supportive of the rehabilitative potential of rTMS, the authors noted that no adverse reactions or events occurred, and no neurologic worsening was noted. Most notably, no seizures were elicited, despite one of the patients having a known seizure disorder as a result of her brain tumor.

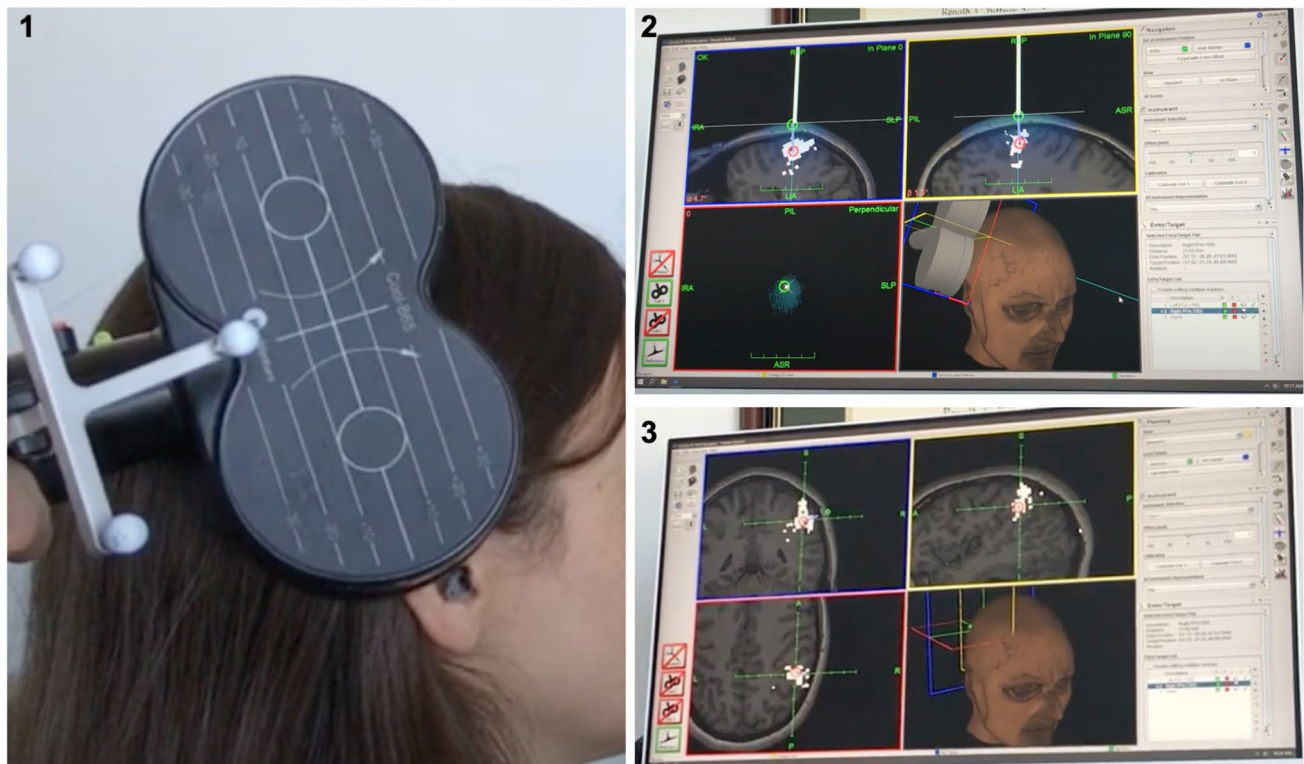
Using these data and with support from neurorehabilitation data in stroke, a randomized controlled trial included 21 patients that had undergone surgical intervention for glioma complicated by persistent surgery-related upper extremity paresis. A total of 15 patients underwent contralateral inhibitory navigated rTMS to motor regions based on mapping, and six patients underwent sham procedures [23]. Patients were randomly assigned to received either low frequency rTMS or sham stimulation directly before 30-min of intensive task-oriented physical therapy for seven consecutive days. Patients who met criteria for inclusion in the study then underwent a new navigational cranial MRI scan including a 3D gradient echo sequence with intravenous contrast on post-operative day one. Motor mapping was performed of both the ipsilateral and contralateral hemispheres. The study group then received daily sessions of rTMS at 1 Hz

for 15 min totaling 900 pulses at an intensity of 110% of resting motor potential. Compared with the group undergoing sham treatment, the rTMS group demonstrated significantly improved outcomes on Fugl-Meyer Assessment (FMA) and using the National Institutes of Health Stroke Scale (NIHSS). Notably, an improvement of more than 10 points on the FMA was found in 12 patients (85.7%) in the TMS group and two patients (40%) in the sham group, with the number needed to treat (NNT) being 2.19. The authors of the study concluded that overall, these data suggest the potential for use of contralateral inhibitory rTMS to improve acute post-operative motor deficits.

Most recently, a proof-of-concept study demonstrated the safety profile and feasibility in using brain network guided rTMS to promote functional recovery immediately after glioma surgery in 31 patients with motor and language deficits post-craniotomy [24]. Unlike previous work, this study utilized a data-driven approach for agile target selection based on individualized brain connectivity analyses. Based on previous work demonstrating the use of cTBS to induce cortical depression and iTBS to induce cortical excitability [25], the authors included a mixture of both cTBS and iTBS protocols based on patient-specific connectivity abnormalities which were identified as compared to a normative healthy atlas of functional connectivity data (Fig. 1). Thus, abnormally hypoconnected regions in the ipsilateral hemisphere were often treated with iTBS to increase functional compensation, while cTBS facilitated decreased transcallosal inhibition when used on abnormally hyperconnected regions in the contralateral hemisphere. This novel protocol based on individualized connectomic data was applied within 2 weeks after glioma surgery and resulted in statistically significant improvements in both motor ( $p < 0.001$ ) and language ( $p = 0.001$ ) functions. Importantly, there were no instances of seizure reported and adverse events were limited to headache in four patients.

## Discussion

Neurorehabilitation after stroke using rTMS has been studied through several randomized controlled trials and meta-analyses for treatment of both acute and chronic motor and language deficits with positive results [13–18]. Surgical intervention for brain tumors, particularly when involving eloquent regions, carries a risk of neurologic complications with deficits involving motor and speech function. These deficits may be due to surgical damage to critical cortical and subcortical pathways, vascular injury, or disruption of critical network connections involved in complex neurologic functions. Evidence has supported the ability of rTMS to map eloquent regions involved in motor and speech function preoperatively to help guide



**Fig. 1** Demonstration of image-guided TMS treatment. A butterfly TMS coil is shown in image 1. The coil is placed with computer image guidance to ensure accurate placement over the target (image

2). An example of a target area defined by a precise anatomic cortical parcellation is shown in the image 3, in which the red area is the target, green is the entry zone, and white is the parcellation

intraoperative identification and thus preservation of these functional pathways [19]. However, there is limited evidence for rTMS neurorehabilitation for motor and speech deficits acquired post-operatively in patients with brain tumors. Given the efficacy in stroke, investigations into the potential of targeted rTMS to improve post-operative outcomes in brain tumor patients has been pursued with promising results [26, 27]. We reviewed the current literature for data involving post-operative rTMS use for neurorehabilitation.

A review of the published literature through 2021 yielded five studies and a total number of 50 patients who received rTMS post-operatively (Table 1). Techniques varied with 4/5 studies using frameless stereotactic navigation for targeting. In addition, stimulation protocols varied, but mostly involved contralateral inhibitory stimulation of the primary motor cortex for motor rehabilitation. Most commonly, a frequency of 1–5 Hz and an intensity of 80–90% of motor threshold was utilized in conjunction with intense physical therapy and rehabilitation. Studies varied widely on the timeframe of initiating TMS post-operatively, but most studies prescribed a course of rTMS once daily for between 5 to 22 days. Heterogeneity exists regarding when to start treatment relative to surgery.

Importantly, the current literature suggests that post-operative rTMS can be used safely in neuro-oncologic patients, though larger studies are required given the currently limited sample size. Nevertheless, only five total patients experienced transient headache and no other adverse effects were noted, including wound issues. While the risk of seizures is the most severe known adverse effect of TMS, and although several cases have been reported to date, risk of seizure is believed to be less than 1% [28]. Recent larger studies with glioma patients have demonstrated zero instances of seizure following rTMS post-operatively [23, 24]. TBS specifically has been associated with a lower estimated risk of 0.02% [29], and TBS protocols are therefore better suited to neuro-surgical patients in general. The lack of seizures or any significant adverse effects after TMS use in brain tumor patients is further reassuring given that these patients are seen to be at higher risk for seizures. In one case report, one patient had known seizures related to her brain tumor and TMS did not induce any seizures while she was maintained on her anti-epileptic medication regimen [22]. However, the overall risk must be evaluated on a case-by-case basis.

In terms of efficacy, rTMS in post-operative neuro-oncology patients did demonstrate benefits for both language and motor recovery. Overall data demonstrate a rate of 90%



reported improvement of some motor or language function. These benefits were primarily shown when using a contralateral inhibitory TBS protocol for treatment of motor deficits, where rTMS was applied to the unaffected hemisphere. However, no comparative data exists in the neuro-oncology literature between iTBS or cTBS making it hard to draw conclusions on optimized treatment. One case report used ipsilateral stimulatory TBS for rehabilitation of expressive aphasia that did demonstrate global improvement but with diminishing recovery benefits after each rTMS session [21]. These data are difficult to interpret, as deficit progression was concurrent with tumor progression within eloquent language regions. Nonetheless, these data are interesting as language function tends to be lateralized and contralateral inhibitory stimulation may not have the same benefits as with motor function. Further exploration into brain network-guided rTMS may provide insight into the choice of using cTBS or iTBS in select cases. Specifically, given the complexity of language production, further research into ipsilateral excitatory stimulation versus network stimulation in patients with language dysfunction is warranted.

In the only published randomized controlled trial, contralateral TBS was used daily for 7 days post-operatively, but immediate changes in motor function were not statistically significant [23]. However, after 3 months, statistically significant motor recovery was demonstrated as compared to sham controls. Although benefits were indeed seen immediately following TMS treatments, it appears these benefits may only become significant after several weeks or months. These data are difficult to interpret, however, given the natural potential for recovery following surgery in proximity, but without disruption of eloquent regions.

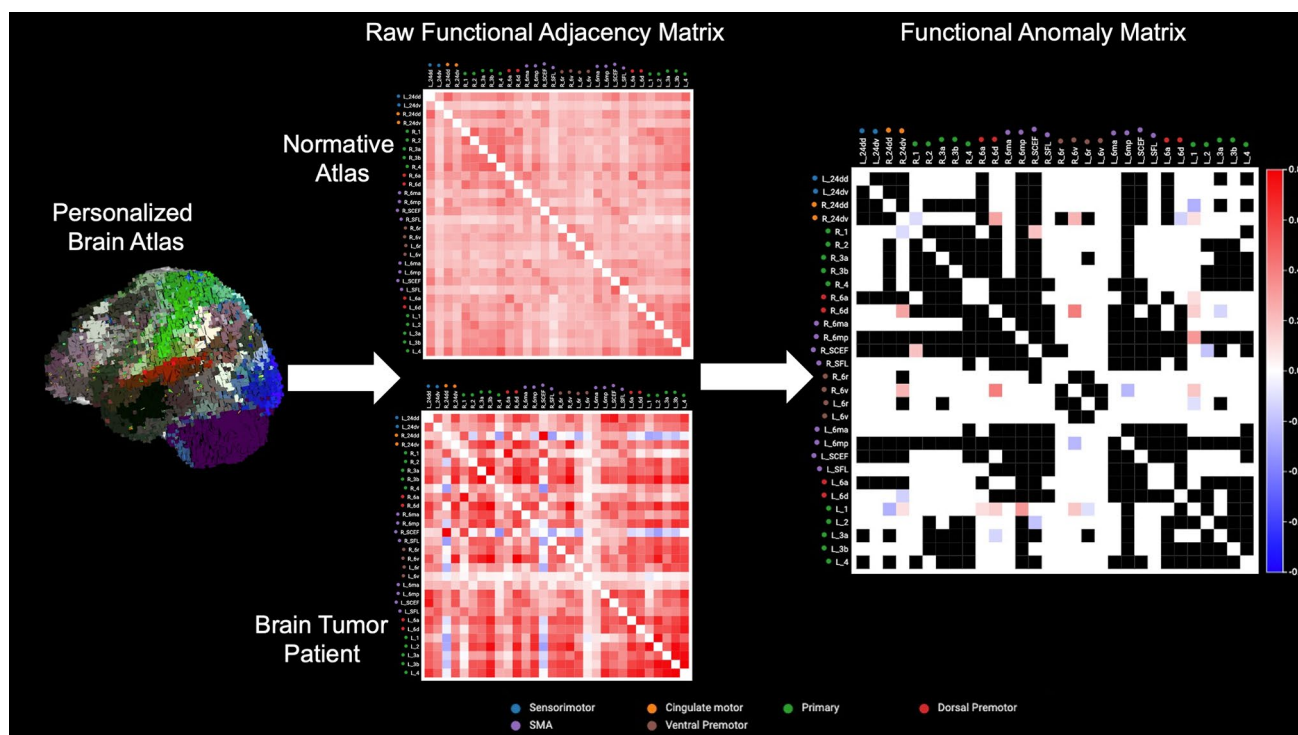
### **Future directions: network guided approach for individualized targeting**

Given the limited yet apparent evidence for the safety of rTMS-assisted neurorehabilitation following surgical management for brain tumors, future studies should be designed to better understand the potential efficacy of the treatment as well to better define treatment algorithms that optimize this efficacy. These studies are already ongoing in the stroke rehabilitation literature [30] and neuropsychiatric patients [31]. From previous work, it is clear that the efficacy of rTMS treatment is highly related to the individual targets selected [32] as well as the precision in modulating those specific targets [33]. Given that specific symptoms likely

localize to specific underlying connections within brain networks, these concerns may be better addressed moving forward with improved consideration of patient-specific brain connectivity [34]. Importantly, while patients may both present with the same post-operative functional deficits, they may require patient-specific targets to modulate specific networks [32] or even specific connectivity abnormalities [35]. Furthermore, while many non-invasive stimulation protocols rely on standard craniometric measurements, millimeter differences over a patient's scalp may selectively modulate completely different cortical subcortical connections that are unwarranted. However, an individualized neuroimaging-based approach which utilizes anatomically fine, parcel-guided rTMS to treat patient-specific connectivity abnormalities (Fig. 2) provides one way to treat pathophysiologic signature profiles of patient-specific symptoms post-operatively more effectively [24, 36].

### **Limitations**

As the current published data regarding rTMS-assisted neurorehabilitation for brain tumor patients has been derived from case reports and limited series, interpretation of the potential efficacy of rTMS remains challenging. Natural post-operative neural reorganization processes with time may also act as a confounding factor to these reports of motor and language recovery after TMS. Although stroke data have indeed been promising, some data did not demonstrate significant difference in improvement of motor recovery between sham and active rTMS treatment [37], though this study was not selective in its recruitment processes. In addition, as with stroke which results in a fixed deficit, tumor progression may further compromise function and thus limit recovery efforts. While data from randomized controlled trials in stroke patients are otherwise promising, there is a need to address this factor in the post-operative neuro-oncologic population. This calls for more randomized controlled trials in this population. These trials should also specific tumor laterality, location, size, and histology to assess potential differences in benefit between types of disease. Furthermore, the limited data led to challenges in quantifying the benefits of different parameters, though it does appear contralateral inhibitory TBS has been used successfully more frequently for motor deficit recovery. Future work should also therefore involve comparisons of different parameters and rTMS protocols to determine the most effective post-operative recovery modality.



**Fig. 2** Individualized TMS treatment according to connectomic guided targeting. The current figure demonstrates the feasibility of utilizing personalized connectomic data to define patient-specific TMS targets according to network abnormalities in a brain tumor patient after surgery. Individualized brain connectivity mapping is performed on the patient utilizing an anatomically specific, surface-based parcellation scheme (first column). Functional connectivity adjacency matrices are created for the patient and compared to healthy patients in a normative atlas (second column). These raw functional connectivity matrices are compared to identify individual outlier parcels for the patient, or functional connectivity “anomalies”

which are parcels defined as functioning significantly outside of the normal range. Individual anomalies identified represent positive (red) and negative (blue) correlations between two BOLD signals between two individual parcels (third column). These anomalies represent possible rehabilitation targets to re-synchronize a dysfunctional network which may have been damaged during surgery. Here, various motor networks are shown (represented by different colors) for possible targets in a patient with hemiparesis following surgical resection. Individual parcellations in the current matrices are defined according to the previously published Human Connectome Project atlas. *SMA* supplementary motor area

## Conclusions

There is recent developing evidence of using rTMS for neurorehabilitation in post-operative neuro-oncologic patients. Although limited data exist, the cases demonstrate safety and potential effectiveness for post-operative motor and language recovery. Further studies including randomized sham-controlled trials will allow for further evaluation of possible benefits.

**Author contributions** All authors contributed to the preparation of this manuscript. Literature search and results collection were performed by EHE and HK. Primary writing of the body of the manuscript was performed by Evan Einstein and RSD. Several sections were written by NBD and MES. The figures were created by NBD and MES. All authors were involved in the editing and revision of this manuscript. All authors read and approved the final manuscript.

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**Data availability** The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

## Declarations

**Conflict of interest** The authors have no relevant financial or non-financial interests to disclose.

**Ethical approval** N/A.

**Consent to participate** N/A.

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